



Catholic Parish of Warringah

Diocese of Broken Bay, NSW— Scalabrinian Fathers

St Kevin's Church
50 Oaks Ave, Dee Why,
2099, N.S.W.

St John the Apostle Church
57 Waratah Pde, Narraweena,
2099, N.S.W.

Office: 50 Oaks Avenue (P.O. Box 467) Dee Why, 2099, N.S.W.
Tel. 9982 6536 - E-mail: office@warringahcatholicparish.org.au
Website : www.bbcatholic.org.au/warringah

1st August 2021 : 18th Sunday in Ordinary Time — Year B

Parish Priest

Fr. Reinaldo Vassoler c.s.
0435 870 816
reivasviet@hotmail.com

Assistant Priest

Fr. Emmanuel Chuntic c.s
0400 431 491
emmanccs@gmail.com

Parish Primary Schools

St. John's - Narraweena
Principal: **Mr Mark Bateman**
Ph: 9971 9297
St. Kevin's — Dee Why
Principal: **Mrs Lorraine Vincent**
Ph: 9971 1644

St Kevin's Church

Weekday Masses:

Mon-Sat: 8:30am (Holy Rosary 8am) , Friday
12 Noon

Week-end Mass Times

Saturday Vigil: 5.30pm

Sunday: 8am; 9.15am, 10.30am (in Italian);
6pm

Filipino Mass: 1st Sunday of the month
4pm & 3rd Sunday of the Month 11.45am -
in Tagalog

Every 4th Sunday:

Chaplaincy Youth Mass at 6.00 pm

Reconciliation: Saturday: 9am

Cenacle of Prayer:

Wednesday after the 8.30am Mass

Devotion to the Sacred Heart of Jesus

First Fridays of the month: 7pm Mass

Eucharistic Adoration:

Fridays after 8.30am Mass till 11.45am

Legion of Mary: Every Thursday at 2pm

Brazilian Mass : Saturday at 7.00pm.

Divine Mercy : 3rd Friday at 7pm

Our Lady of Perpetual Help Novena:

Every Wednesday at 7.30pm except 1st
Wednesday (Novena Mass is every 1st
Wednesday at 7pm)

Friends of Jesus: 3rd Thursday 7.30pm-
8.30pm

Mass in Spanish : 1st Saturday at 4pm

St John the Apostle Church

Weekday Masses: Tuesday—Saturday:

9.30am (Holy Rosary & Divine Mercy Chaplet
9.00am)

Week-end Mass Times

Saturday Vigil: 5pm

Sunday: 8am & 10am(Rosary at 9.30am)

Reconciliation: Saturday: following the
9.30am Mass

Eucharistic Adoration: Monday 7pm-8pm



The Israelites discovered that hunger could lead to discomfort and irritability, leaving the body weak and empty.

Still, God tells Moses, "I will now rain down bread from heaven for you". The Lord is generous in describing the abundance of food, letting them know that he will give them a deluge of bread, so that they will not know hunger. In our moments of emptiness and weakness, may we turn to the One who fulfills our needs, comforts and strengthens us.

'One does not live on bread alone, but by every word that comes forth from the mouth of God.'

SCRIPTURE READINGS

Entrance Antiphon

O God, come to my assistance; O Lord, make haste to help me! You are my rescuer, my help; O Lord, do not delay.

First Reading Exodus 16:2-4, 12-15

A reading from the book of Exodus
The whole community of the sons of Israel began to complain against Moses and Aaron in the wilderness and said to them, 'Why did we not die at the Lord's hand in the land of Egypt, when we were able to sit down to pans of meat and could eat bread to our heart's content! As it is, you have brought us to this wilderness to starve this whole company to death!'

Then the Lord said to Moses, 'Now I will rain down bread for you from the heavens. Each day the people are to go out and gather the day's portion; I propose to test them in this way to see whether they will follow my law or not.' 'I have heard the complaints of the sons of Israel. Say this to them, "Between the two evenings you shall eat meat, and in the morning you shall have bread to your heart's content. Then you will learn that I, the Lord, am your God.'" And so it came about: quails flew up in the evening, and they covered the camp; in the morning there was a coating of dew all round the camp. When the coating of dew lifted, there on the surface of the desert was a thing delicate, powdery, as fine as hoarfrost on the ground. When they saw this, the sons of Israel said to one another, 'What is that?' not knowing what it was. 'That' said Moses to them 'is the bread the Lord gives you to eat.'

The word of the Lord.

Thanks be to God.

Responsorial Psalm

Ps 77:3-4, 23-25, 54

R. The Lord gave them bread from heaven.

The things we have heard and understood, the things our fathers

have told us, we will tell to the next generation:

the glories of the Lord and his might. **R.**

He commanded the clouds above and opened the gates of heaven. He rained down manna for their food, and gave them bread from heaven. **R.**

Mere men ate the bread of angels. He sent them abundance of food. He brought them to his holy land, to the mountain which his right hand had won. **R.**

Second Reading

Ephesians 4:17, 20-24

A reading from the letter of St Paul to the Ephesians
I want to urge you in the name of the Lord, not to go on living the aimless kind of life that pagans live. Now that is hardly the way you have learnt from Christ, unless you failed to hear him properly when you were taught what the truth is in Jesus. You must give up your old way of life; you must put aside your old self, which gets corrupted by following illusory desires. Your mind must be renewed by a spiritual revolution so that you can put on the new self that has been created in God's way, in the goodness and holiness of the truth.

The word of the Lord.

Thanks be to God.

Gospel Acclamation

Matthew 4:4

Alleluia, alleluia!
No one lives on bread alone, but on every word that comes from the mouth of God.
Alleluia!

Gospel

John 6:24-35

A reading from the holy Gospel according to John
When the people saw that neither

Jesus nor his disciples were there, they got into boats and crossed to Capernaum to look for Jesus. When they found him on the other side, they said to him, 'Rabbi, when did you come here?' Jesus answered:

'I tell you most solemnly, you are not looking for me because you have seen the signs but because you had all the bread you wanted to eat.

Do not work for food that cannot last, but work for food that endures to eternal life, the kind of food the Son of Man is offering you, for on him the Father, God himself, has set his seal.'

Then they said to him, 'What must we do if we are to do the works that God wants?' Jesus gave them this answer, 'This is working for God: you must believe in the one he has sent.' So they said, 'What sign will you give to show us that we should believe in you? What work will you do? Our fathers had manna to eat in the desert; as scripture says: He gave them bread from heaven to eat.'

Jesus answered: 'I tell you solemnly, it was not Moses who gave you bread from heaven, it is my Father who gives you the bread from heaven, the true bread; for the bread of God is that which comes down from heaven and gives life to the world.'

'Sir,' they said 'give us that bread always.' Jesus answered:

'I am the bread of life.

He who comes to me will never be hungry; he who believes in me will never thirst.'

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

Communion Antiphon

I am the bread of life, says the Lord whoever comes to me will not hunger and whoever believes in me will not thirst.

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OPENING HOURS
Mon - Fri 8:00am - 6:30pm
Saturday 9:00am - 1:00pm

9982 6383

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